

# POETS, MAVERICKS & PROPHETS



**Poets, Mavericks & Prophets Poets, Mavericks & Prophets** presents its **alchemical workshops**, devised as joyful spaces for creative work & inspiration, drawing on alchemical symbolism – combining storytelling, artistic expression & play. At the moment, I offer only one in-person course entitled **The Sacred Tree**. Please find key **workshop info & curriculum** below, along with my academic references and pricing details. All the workshops would be ideally held within a four-day retreat, as each is of 3h duration, but can also be part of an ongoing eight-week study, as a once-a-week event. The workshops are offered as philosophical & creative inspiration, and although I am a psychologist by education, **please note the material within them is not therapy or substitute for therapy**. All workshops will be held in English. **If you are interested booking The Sacred Tree for your venue, or for further enquires please email me at: [milana@lolaonfilm.com](mailto:milana@lolaonfilm.com)**

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## KEY INFO

**The Sacred Tree** is envisioned as a series of **eight individual workshops, aimed at symbolically reforesting our lives**, creating a livelier, more connected, joyful daily existence through an alchemical approach to key elements of our embodied psyches. The course is dedicated to **Anima mundi - the World Soul**. The goal of the workshops is to help us find enchantment in simple, everyday experiences, follow our hearts, and let our minds open to unusual perspectives, while nourishing a kind of talent for the peculiar, restoring in us the state of childlike awe, clearing the daily debris of our mechanical existence, reviving our connection to life – its gifts of co-creation with others, and with the Divine. All individual workshops will be 3h in duration and divided into three parts. In the first hour I will talk about the theme of the individual workshop, in a lecture format, the second hour will be allocated for group journeys, helpful techniques, and alchemical art exercises. The third hour is for sharing our experience, thoughts, mutual support and guidance. Individual workshops will have a half an hour snack break after the second hour, while workshops as part of a four-day retreat will have lunch breaks in-between the two workshops allocated for the day. There will be short breaks within workshops. The workshops are intended for everyone with an interest in alchemical perspectives in philosophy, psychology, and art, as well as astrological & hermetic lore – for novices, as well as seasoned practitioners, with an openness to new paths. The workshops will be limited to a minimum of 8 and a maximum of 16 participants, so everyone has their own space within group dynamics.

## PRICING AND PACKAGES

**All workshops will be available for purchase either separately, or as one package. Prices for individual workshops will be €55 or 6,500 RSD per participant, and for all eight workshops - €400 or 47,000 RSD.**

# THE SACRED TREE

*Dedicated to Anima mundi.*

## I

### **Sacred Space, Ancestor Work & Roots Of The Tree**

Connecting with the here and now, our bodies, physical presence. The concept of cellular memory. Importance of environment. Sacred space - temenos, in art, hermetica, and psychology. Creating habitat. Element of Earth. Sovereignty & acknowledgment of territory. Reverence as daily observance. Our family tree. Saturn in our charts - the anchor. Guardians, patron saints, survival of the tribe. Maternal line, paternal line. Insignia. Clearing practices. Rooting techniques. Grounding materia.

**Homework:** Choose one ancestor and trace their life journey in detail.

**Recommended literature for further research.**

## II

### **Temple Of Venus: Creativity & The Divine Feminine**

The re-emergence of the Goddess archetype in the World, the feminine aspect of the Divine. Collective desire for harmonisation between polarities. A brief chronology on the perspectives on femininity in different cultures. Feminine force as the creatrix. Daily practice of beauty. Venus in myths, comparative cosmology. Understanding the Venus placement in our natal charts, our own love nature. Expressing Venus through an art form, as dedication. What does our own Venus look, sound, feel, taste like? Art exercises expressing our Venus nature (colour, clay, scent). Group journey through Magdalene's Garden.

**Homework:** Create a Venusian bath conjuring one's own floral bath salts formula.

**Recommended literature for further research.**

## III

### **Enchantments, Desire Lines, Visions: Expressing Our Will**

Enchantments through a cultural, magical & psychological prism. Viewing the magician's toolbox alongside key concepts and techniques in contemporary psychology. Jung on psychology & alchemy. The societal role of the magician - a cross-cultural perspective. Element of Fire. Mars placements in our charts - how we will our reality into existence. Training our desire through its fulfilment. The concept of manifestation. Vision-board techniques vs. embodiment practices. The masculine principle - the differences between the Solar and the Martial approach - presence vs. action. Relaxation exercises and Solar Plexus affirmations.

**Homework:** A direct & immediate fulfilment of a heart's desire within reach.

**Recommended literature for further research.**

## IV

### **Storytelling, Soul Food & Medicine Of Remembrance**

Storytelling as an act of remembrance, oral traditions, weaving our existence into being with words. Psychogeography & family lore. What our Moon placement says about what nourishes us. The Lunar calendar, understanding its logic, following its cycles. Heart medicine. Element of water. Animal wisdom, and relations with other than humans. The philosophy of animal totems. Our favourite fairy tale in childhood. Our favourite food (prepare it as snack for online session). Share our impressions of what feelings the food we loved, and the stories we were told bring up in us. Protective group heart meditation.

**Homework:** Find a story that was important to you in childhood. If possible, the actual book you first encountered it in. Read it to yourself, out loud.

**Recommended literature for further research.**

## V

### **Soundtracks, Rhythms, the Vocalisation of Intent**

Power of prayer & importance of vocalisation. Sound as guide to the pulse of the universe. A brief history of incantations. Twinship of rhythm of timing. Element of Air. Mercury in our charts, and what it touches within. Our styles of oration. Words we love to say, sounds we love to hear. Compiling soundtracks to help solve a personal crisis. Solving riddles in our sleep with music. Group percussion session Tricking the Trickster – bring any percussion instrument to our session (drums, rattles, chimes, xylophone, bells, etc.)

**Homework:** Compile the soundtrack of your youth– twelve tracks. Listen to it for twelve days. Compile a soundtrack of your present and the road ahead – twelve tracks.

**Recommended literature for further research.**

## VI

### **Divination - the Art of Tracing the Invisible**

Intuition, instinct, prophecy – the precognitive spectrum. Divination & fortune-telling: temple to tavern, and back. Possibility, probability, certainty – the crossroads of free will and fate. Third Eye hygiene. Psychology & the hermetic arts. Natal placement of Jupiter, our relationship to spirit. One's own divination toolbox – working with the ethereal (cartomancy, I Ching, tarot, astrology, numerology). A Jungian view of the Major Arcana. Group exercises with found objects – divine its trajectory to you (bring an objet trouvé to the session).

**Homework:** Choose a Major Arcana card that most represents your present state of being and place it on your altar/bedroom table (or an image of it). Recall & record your dreams each morning, for seven days.

**Recommended literature for further research.**

## VII

### **Poetic Imagination, the Gateway to the Divine**

Soul intelligence, synchronicities, the poetic mind. Imaginal spaces. Dreamscapes. Magic & the arts. Holy juxtaposition, ways it can help realign us. Connecting to Anima mundi through being with Nature. Flower lore, colour therapy, fragrance frequencies – blooming into being. Importance of libraries, where we go to be with the abstract. Clearing virtual pollution. Training inspiration, evoking the numinous – techniques. Devotional practices – commit to a personal ritual for six weeks.

**Homework:** Write a poem. Visit a local library.

**Recommended literature for further research.**

## VIII

### **Crystal Lore, Soul Protection & the Custodians**

Our aethereal habitat, understanding dreamscapes. Cosmologies of Gaia. Sacred trees, plant wisdom. Custodianship & developing communal creativity. Urban activism, eco consciousness. Natural design, re-aligning with our environments. Constructing the invisible. Planets & their emissaries. Meet the Giants. Soul tribes, star lore. Cosmic origins, star families. Crystals and gemstones as storages of the Akasha. Collaborating with our crystal kin, protective techniques. Bring a pre-selected crystal to the session, introduce it to the group.

**Homework:** Befriend a tree, adopt a gemstone, gaze at the stars.

**Recommended literature for further research.**

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### **My academic references & certificates:**

**Certified Transactional Analysis Practitioner**, TA Centre, Novi Sad, 1996. **Bachelor's Degree in Psychology**, Faculty Of Philosophy, University Of Novi Sad, 1997. **MA in History Of Film & Visual Media**, Department of Film, Media and Cultural Studies, Birkbeck College, University Of London, 2005. Around 600 hours of theoretical & practical work, as well as workshops, at **the Serbian Society For Integrative Art Psychotherapy (IAP)**, Novi Sad/Belgrade (2010-2018). I also attended workshops & courses in psychodrama, fine arts, dramatic arts, dance therapy, astrology, and various hermetica.